

FLOWER ESSENCES

What are flower essences?

an effective tool to aid true healing of the soul, emotions, and body

a form of vibrational or energetic healing

incredibly powerful and deep, but very gentle and supportive

they are the "essence", or vibrational energy, of flowers

they are not a "scent" or aromatherapy--they are much more powerful

there are many types of essences including gem elixirs and the Bach, California, and Dutch flower remedies

How do they work?

they redirect or "retune" blocked or discordant energies within you

each flower has its own vibrational frequency which resonates with a specific soul quality. If that soul quality has been blocked or deviated from your true self, the flower's energy will reestablish the connection between you and your higher self

Why use them?

nurture personal growth

aid and smooth transition, expansion, or shift in consciousness

provide clarity, support, and resolution when addressing specific issues

flower essences can be used to address issues such as:

self love, life direction, meditation & dreamwork, spirituality, communication, relationships, sexuality, parent issues, grief, and many, many others